

THE CONGRESS WHERE THE NEXT GENERATION LEADS



**PISA, 9th -10th
NOVEMBER 2026**

CHAIR: GABRIELE NALDINI

Pelvic floor disorders, particularly posterior and multicompartiment conditions, represent a complex and evolving field requiring close collaboration among multiple specialties. Despite significant advances, there is still wide variability in diagnostic pathways, therapeutic decision-making, and organisational models across centres and countries.

Pelvic Floor X Factor is conceived as an international, two-day meeting dedicated to young specialists, under 45 years of age, involved in the management of pelvic floor disorders. The meeting aims to create a dynamic and forward-looking environment where emerging experts can openly share real-world experiences, discuss challenges and failures, and collectively shape future strategies in pelvic floor care.

The "X Factor" represents the ability to critically analyse one's own results, learn from mistakes, integrate multidisciplinary perspectives, and translate experience into improved patient outcomes.



PELVIC FLOOR X FACTOR is designed as a high-level, interactive, and forward-looking meeting that places young specialists at the centre of scientific discussion. By promoting openness, multidisciplinary dialogue, and critical self-assessment, the event aims to contribute meaningfully to the future of pelvic floor disease management

SCIENTIFIC FORMAT

Call for Clinical Projects / Experiences

Participation as a speaker will be based on an open international call. Candidates will be invited to submit a structured abstract describing a clinical project or real-world experience rather than a traditional research abstract.

SCIENTIFIC SESSION

The programme will be organised into surgical and diagnostic/rehabilitative sessions, focusing on posterior and multicompartiment pelvic floor disorders. Core topics will include:

- Instrumental and functional assessment of multicompartiment pelvic organ prolapse
- Factors influencing conservative, rehabilitative, or surgical decision-making
- Surgical management of multicompartiment pelvic floor prolapse
- Pelvic floor rehabilitation strategies
- Management of double incontinence
- Surgical treatment of external rectal prolapse

Specific subtopics will be defined following abstract selection to ensure alignment with submitted projects.

GENERAL INFORMATION

OFFICIAL LANGUAGE: English

PARTECIPANTS: 100 persons maximum

TARGET AUDIENCE: The event is addressed to clinicians under 45 years of age, including: Surgeons (colorectal, general, pelvic floor specialists), Gastroenterologists, Radiologists, Pelvic floor physiotherapists and rehabilitation specialists

A strong emphasis will be placed on true multidisciplinary interaction.

DEADLINE FOR SUBMISSION: 30th June 2026

REGISTRATION

Registration fee: €500 + VAT

Early registration before 1st June 2026: €400 + VAT

The fee includes: Congress registration, access to all scientific sessions, Coffee breaks, Social dinner

CONGRESS VENUE

Auditorium Nino Ricci C.C.I.A.A. Piazza Vittorio Emanuele II, 5, 56125 Pisa - Italy

Please note: for any hotel reservations, contact the organizing secretariat

ORGANIZING SECRETARIAT



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